Whole Grain Pizza & Fatayer Dough

Cook Time: 0 min Ingredients: prep Time: 0 min

total Time: 0 min

servings: 0

- 2 1/2 cups whole-grain flour of your choice or a mix (whole-wheat, spelt, khorasan, rye)
- 1 tsp baking powder
- 1/2 tsp salt
- 1 tbsp instant dried yeast
- 2/3 cup warm water
- 1 tbsp honey
- 3 tbsp olive oil

Instructions:

- 1. Add the yeast to the warm water and set aside to dissolve.
- 2. Mix together the flour with the baking powder and salt.
- 3. Add the yeast and water mixture to the flour followed by the honey and oil. Stir until the dough starts to come together.
- 4. Transfer to a lightly floured work surface. Kneed just until a ball of dough forms.
- 5. Transfer to a lightly oiled bowl. Cover with plastic wrap and set aside in a warm place until doubled in size, about 1 hour.
- 6. Shape the dough into 2 medium pizzas, or about 1 dozen fatayer, adding your favorite toppings.
- 7. Bake until the dough is nicely browned.