
Have you tried nice cream before?

Cook Time: 0 min

prep Time: 0 min

total Time: 0 min

servings: 2-3

Ingredients:

Nice Cream:

- 2 cups frozen ripe banana
- 2-3 tablespoons peanut butter
- 2-3 tablespoons cocoa powder
- 1 teaspoon vanilla
- 1 tbsp maple syrup (optional)
- 1 scoop protein powder (optional)
- 1 teaspoon Maca powder (optional)

Magic Shell Topping:

- 1/4 cup coconut oil (melted)
- 3 tablespoons cocoa powder
- 1 tablespoons maple syrup

Instructions:

1. If you plan to add the chocolate magic shell, start making it first, you want it ready to pour on the nice cream as soon as it's done. Mix all the topping ingredients together until smooth and set aside.
2. To make the nice cream, place all the ingredients in a food processor and process until combined. It will have a soft-serve ice cream consistency.
3. Scoop into bowls and pour over the magic shell. Let the kids watch it harden before cracking with the spoon to get to the delicious creaminess underneath.