## Healthy Magic Bars

Cook Time: 0 min prep Time: 0 min total Time: 0 min servings: 0

Ingredients:

- About 1 cup vegan digestive biscuit crumbs (175g)
- 1/4 cup Coconut oil, melted
- 2/3 cup walnuts, toasted and chopped
- 2/3 cup dark chocolate chips or small chunks
- 1/2 cup unsweetened desiccated coconut, toasted
- 150ml coconut condensed milk

## Instructions:

- 1. Pre-heat the oven to 350F or 160C. Line a 20cm square baking pan with parchment paper. Place on a baking tray.
- 2. If you haven It toasted your coconut, now Is a good time to do that.
- 3. Mix the biscuit crumbs with the oil. Transfer to the prepared pan and press down evenly to make the base of the bars.
- 4. Sprinkle on a little more than half of the coconut quantity, followed by the chocolate and nuts.
- 5. Drizzle the condensed milk (if the milk is too thick warm up in a saucepan first) all over and finally sprinkle the remaining coconut on top.
- 6. Bake for 30-35 minutes until the condensed milk is almost dry and looks set.
- 7. Cool completely. Store in the fridge until firm enough to slice into squares.