
Pea & Avocado Pesto Dip

Cook Time: 0 min

prep Time: 0 min

total Time: 0 min

servings: 0

Ingredients:

- 1/4 cup pine nuts
- 1/2 cup packed fresh basil
- 1/2 avocado
- 1/2 cup frozen peas, thawed
- 1 garlic clove
- 3 tbsp olive oil
- 3 tbsp lemon juice
- 1-2 tbsp nutritional yeast (or grated parmesan cheese)
- 1/2 tsp salt
- 1/8 tsp black pepper

Instructions:

1. Prepare all the ingredients and add to the blender or food processor. Mix until smooth. Taste and adjust seasoning to your liking.
2. Store in an air tight container for 3 days.
3. Serve with crudité's, crackers, toasted bread or pitta.