
Acai Chia Smoothie Bowl

Cook Time: 2 min

prep Time: 1 min

total Time: 1 min

servings: 1

Ingredients:

- 2 tbsp chia seeds
 - 1/3 cup almond milk
 - pinch vanilla seed powder
 - 1/2 cup frozen berries
 - 1 frozen banana
 - 1 tsp acai powder
 - Toppings : coconut, seeds, bee pollen, cocoa nibs
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Instructions:

1. Soak the chia seeds in the almond milk and set aside until it turns into a gel.
2. Add all the smoothie ingredients into a small blender with the chia seed mix. Mix until blended.
3. Pour into a bowl and sprinkle on the toppings.