
Any Salad Dressing

Cook Time: 0 min

prep Time: 5 min

total Time: 5 min

servings: 6

Ingredients:

1/3 cup (125g) full-fat yogurt

1/4 cup (60ml) olive oil

2-3 tablespoons lemon juice or apple cider vinegar

2 cloves garlic, crushed or minced

2 tablespoons dijon mustard

1-2 tablespoon honey

1/2-1 teaspoon salt

1/8-1/4 teaspoon black pepper

Instructions:

1. Mix the ingredients together. Add more lemon juice, salt and pepper to taste. Store in the fridge in a sealed jar for 5 days.