
Nutella Bliss Balls

Cook Time: 0 min

prep Time: 10 min

total Time: 10 min

servings: 12

Ingredients:

1/2 cup (100g) pitted dates
2-3 tablespoons (50g) healthy Nutella
1/4 cup (40g) chopped hazelnuts
1/4 cup (25g) rolled oats
Pinch of salt
1/4 teaspoon cinnamon
1/2 teaspoon ground coffee

Instructions:

1. Place all the ingredients into a food processor and pulse a few times until the mixture is crumbly or the texture of wet sand. Press with your fingers to check if it's sticking together. If not add a teaspoon of water and pulse a few more times.
2. Roll the mixture into balls about the size of walnut shells. Place in the fridge to firm up.

Notes:

Store in an airtight container in the fridge for up to 1 week.