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# Sweet Potato Quesadillas

Cook Time: 0 min

prep Time: 0 min

total Time: 0 min

servings: 0

Ingredients:

- 1 medium sweet potato
- 1/2 cup cooked corn
- 1/2 cup cooked black beans
- 1 T chopped cilantro
- 1 tsp lime juice
- [1/4-1/2](#) tsp salt
- [1/8-1/4](#) tsp cumin powder
- [1/8-1/4](#) tsp coriander powder
- [1/8-1/4](#) tsp chili flakes
- 1/2 cup Grated Cheese (optional)
- 2-3 tortillas
- Olive oil

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Instructions:

1. Steam or boil the potato until soft
2. Mix all the ingredients together except for the cheese.
3. Place a generous amount of the filling on one side of the tortilla and top with cheese before folding over.
4. Brush each side with a little of oil before placing in a frying pan on medium heat. Heat on each side until warm and cheese has melted.
5. Serve with some sliced avocado or guacamole and salsa or hot sauce.